# 5t. Erme Parish Posx

July - Aug 2025 Issue 39





For weekly groups/events please check the notice board outside the Hall

# Hiring the Hall

Morning session: 8am - 1pm
Afternoon session from 1-6pm
Evening session from 6pm-11pm

The cost of a session is £12.00 for residents of the Parish
The cost of a session for non-residents is £20.00
The cost of a party (eg. Wedding/birthday) is £20 plus £20 deposit, refundable as per the Ts&Cs of hire (clean, tidy and ready for the next hirer.)

Prices include heating, electricity and use of the kitchen. Use of crockery & cutlery: £3.00 per hire.

To check availability and/or book contact Lynda on Tel: 01872 261814, email stermevillagehall@gmail.com or find us on facebook

Chair: Alan Caple

Vice Chair: Barbara Roseveare

Secretary & Treasurer: Lynda Quee

Membership: Alan Caple (Horticultural Society),

Sylvia Caple (St Erme WI), Sue Mounter (Silver Circle)

Carol Jane (Community), Evelyn Jewell (Community),

Marie Wills (Community), Lynda Quee (Community),

Barbara Roseveare (Community)



I hope you have all enjoyed some of the glorious spring days we have seen & hope we have many similar days over the Summer months. Yet again, I look forward to upcoming events, local events like the fun day, the horticulture show as hopefully my little one's sunflowers will continue to grow strong & tall! Plus additional picnics, beach evenings, garden bbqs & family fun days. It sounds idealistic when written like that, but most days never quite go as planned! Late starts, meltdowns over shoes, realizing I forgot to fuel the car or buy the charcoal, too much traffic, too hot or too wet, and that's just the mornings! We will make our own fun either way, and I'm lucky to wing-it most days (probably why I forget the fuel or the charcoal!), but I hope your summer days go as planned as possible, that you get to have plenty of fun, rest, peace & giggles.

Kelly, Parish Magazine Editor







If you would like to submit an advert/article/photograph for the September/October edition of the Parish Post, please send it to <a href="Stermeparishpost@gmail.com">Stermeparishpost@gmail.com</a>
The deadline for entries is the 15th August

# greenlight switched on care

# Join Our Team







Do you live in or near Goonhavern, Perranporth, Truro or Newquay? Green Light provides care and support to young adults with autism and learning disabilities in these areas.

"Join Green Light and become part of a small team, providing accommodation and support to adults with learning disabilities and autism. We have a range of roles available, suited to those with no prior experience, to those with lots, as well as options for flexible, part-time, and full-time roles.

All successful applicants join our comprehensive training and induction programme, which is followed by ongoing training, support and supervision from our experienced, caring managers"

For more info give us a call, drop us an email or visit our website.

01637 416444

recruitment@glpbs.com

switchedoncare.com f 🗷 🔟 🗈 🗗















# **Silver Circle**

Having missed out on the last issue of the Parish Post we missed the reporting on the Club's celebration of the 80th anniversary of VE Day. Members fully entered the spirit of the occasion by dressing up in time-appropriate clothing, looking very splendid sitting together around the fabulously decorated tea tables, they listened as Winston Churchill spoke of his hopes for the country at the start of the war. It was very moving. The afternoon involved singing plenty of war time songs, old fashioned pub games and a 1940's Afternoon Tea. Raffle & prizes reflected the 1940's, with tins of spam, a few eggs, butter and sugar, all hard to come by without coupons! Despite war time deprivations, a good time was had by all!

May saw the minibus trips recommence with a visit to the Museum of Cornish Life at Helston. Everyone agreed this is well worth a visit. We moved on to Porthleven for a couple of hours of sea air rounded off by ice cream!!

In June we shall be visiting the Duchy of Cornwall Nurseries with hopes of returning with lots of plants.

July brings the Silver Circle to its 30th Anniversary since restarting under the guidance of Roselle Trevethan. We will celebrate by enacting Royal Ascot for the afternoon, big hats will be required!

Remember that Exercise Class and Singing group still function every week on Wednesdays, with the Craft group busy on the third Thursday of each month.

We welcome everyone aged 55 and over, do come and see what we do. For more information call Jo on 07483859788.

# **VILLAGE SHOW 2025**



Schedule of classes available from Trispen stores, www.stermeparishcouncil.org.uk or via nickandhelen37@gmail.com

# **HOW TO ENTER AN EXHIBIT**

- 1. Fill out your Entry form and give (along with entry monies) to Helen Cole at 63 Polisken Way by 6pm on Wednesday 6th August
- 2. Bring your items to the Community Centre on Saturday 9th between 8 and 10am to stage them (Stewards are on hand to help you)
- 3. Come along between 3pm-4.30pm to view the whole show, see how well you have done and maybe enjoy a cream tea
- 4. After 4.30pm you can collect your items and hopefully a certificate/award

Any questions and/ or offers of help can be directed to Helen Cole nickandhelen37@gmail.com

# St Erme Parish Church

Dear Friends and Neighbours,

As I write the birds outside my window are singing their best to the glory of God, it is a new day and they seem to be so very excited! I love hearing the dawn chorus, it is always so cheerful. The bible tells us that birds (specifically mentioning sparrows) are precious to God, and we (you and I) as children of God are so much more so and that we have been given a particular task, that being to take good care of all creation.

We are called to be good stewards, to look after the environment i.e. the skies, the seas, the rivers, the land and to look after each other. We (collectively) have not always been very good at doing this. In Truro Diocese we are being encouraged to join up with A Roche and to challenge ourselves to become an 'eco church' working towards bronze, silver and gold awards in our efforts to minimise our impact on the environment. These awards look at how we use our resources such as the building, and how we take care of the land. It is not just the church building, but any church halls, parsonages and churchyards we might have in our care. And we need your help!

Already several people come and form working parties to help keep the churchyards tidy, and I want to thank you for this. People often comment on how tidy and welcoming the church yard is and this is down to you and the time you give for free. I am always very impressed with the care and dedication you give to supporting your local church.

But, we also need the support of all who come and visit the church yard as a green space and as a place of remembrance. We would like to ask if you will help us to make the churchyards as 'green' as possible by using only natural items at burial sites, so removing plastic wrapping, not using wire or plastic, or introducing extra vases or decorations. We also need to ask if you can take home and dispose of any unwanted debris as the Council do not empty any bins in the churchyards. We are looking at introducing compost bins for natural wastage. We will always need to ask for you to pick up after your dog and to take that home for disposal. The church yard is often used by people of all ages and we would like it to be safe for all including all wildlife.

Then God blessed them and gave them this directive: "Be fruitful and multiply. Populate the earth. I make you trustees of My estate, so care for My creation and rule over the fish of the sea, the birds of the sky, and every creature that roams across the earth." (The Voice Genesis 1:28)

Grace and peace,

Caroline

Rector of Upper Fal Parishes, Revd Caroline Husband serving the parishes of Grampound with Creed, Ladock (& Grampound Road), Probus, St Erme, St Michael Penkivel, Tresillian and Lamorran with Merther.

# **Trispen Methodist Church**

# **Fear Not**

Exam season & the anxiety it produces for pupils, teachers & parents for 2025 is drawing to a close & an enjoyable summer lies ahead.

The story is told of a university professor conducting a final exam. He was known as fairly grumpy & strict. In his instructions he made it clear to his students that when time was called all students should put down their pens & stop writing. He made it clear that anyone who didn't stop would automatically fail the exam. The examination took place in a large auditorium. At the end of the examination, when time was called, all the students, except one, stopped writing as they had been instructed. That student kept on writing for a minute or two until he was stopped by the professor and informed he had now failed the exam.

After a moment of thought, the student walked to the front of the room with his exam script. He bravely asked the professor "Do you know who I am?" 'No" said the professor "I don't, and it wouldn't matter."

"Wonderful" said the student, 'That's great!' and he placed his exam script in the middle of the pile of scripts from the class already handed in, turned around and left the room at speed!

It is not only exams that make people anxious these days. We live in an anxious world. Young and old find themselves anxious about many things. There is no need to list the wide variety of things that prompt anxiety in us.

Evolution has provided us with a wonderful response system to help us if we find we are in danger. If our forebears' lives were under threat from a sabre-toothed tiger the amygdala would spark an instant response, and the adrenaline rush to empower them to fight, or run (flight), or freeze, depending on what was required to stay alive. Staying alive was something you really wanted to do!

We still have that important part of the brain to make sure we are ready to cope with any dangerous situation.

The negative part of this inheritance is that while it needs to remain switched on at all times to protect us, it also takes on board many other things that are not life-threatening. Our personal fears and anxieties - criticism, failure and rejection can all trigger that same fight, flight, freeze response. Living with constant fears and anxiety does nobody any good.

A pupil was writing a particularly difficult exam and was totally stumped on one question. No matter how much the pupil tried to remember what was in the notes it just seemed impossible. No amount of racking the brain helped in any way to answer the question.

In desperation the pupil wrote. "Only God knows the answer!"

When the teacher returned the exam scripts after they had been marked the teacher had written alongside. "Only God knows the answer": "God gets 100%; you get zero!"

Possibly some sort of faith can enable us to manage our fears and anxieties. It is interesting to note that the words "Do not be afraid" or "Fear Not" occur 365 times in the bible. One "Fear Not" for every day of the year! (I did not count them & I am not going to quote them all!)

A Hebrew word that is helpful if we are anxious is the word "Shalom." It is used as a greeting and usually translated as "peace." "Shalom" however means far more than just the absence of conflict. It is an invitation to work together for the common good. The untrammelled free growth of the soul in conjunction with other souls. Working together without fear as families, as communities, to achieve what is beneficial to all.

Working together to counteract our anxieties. Fear Not. Shalom.

Aubin de Gruchy Revd

**Trispen Methodist Church** 

# ST ERME



# JULY AND AUGUST EVENTS

Saturday 12th July

5.00pm

**Beach Party** 

An evening of beach fun, games and food

Friday 18th July

**7.30pm** 

**Prize Bingo** 

Sunday 31st August

Carvery

**Booking Advisable** 

stermeccbookings@hotmail.com

For more details on any event please see facebook or village notice boards

**WE ARE OPEN EVERY** 

Friday from 6pm

and

**Saturday from 1pm for drinks** 

and food from 6pm

USEFUL CONTACT	NUMBERS	ò
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**LOCAL DELIVERIES** 

**Quality Family Butcher**L George Butchers delivered to your door

Tuesdays 3.30pm to 5.30pm

Call Paul on 07817339002 or 01872 510219

**Fresh Local Fish** 

Kernow Fisheries Ltd delivered to your door

Call Darren on 07826059777

Saturday 1.00pm to 3.30pm

**USEFUL NUMBERS** 

Police (emergency) 999
Police (non-urgent) 101

Southwest Water 0344 346 2020 National Grid 0800 6783 105

National Grid 0000 0765 10

**Cornwall Council** 

General Enquiries 0300 1234 100
Abandoned Vehicles 0300 1234 202
Building Control 0300 1234 151

Dog Control (fouling) 0300 1234 212
Drains and Sewers 0300 1234 202

Fire and Community Safety 0300 1234 232 Highways and Roads 0300 1234 222

Street Cleansing 0300 1234 141 Litter and Graffiti 0300 1234 141 Noise Disturbance 0300 1234 212

Recycling and Rubbish 0300 1234 141

St Erme Parish Council 07525130663

clerk@stermeparishcouncil.org.uk

**Cornwall Councillor** 

Cllr Karen Glasson 07980 975527

Cllr.karen.glasson@cornwall.gov.uk

St Erme Community Enhancement Group

Lynda Quee Tel: 07949383746 Email: <a href="mailto:lyndaaquee@gmail.com">lyndaaquee@gmail.com</a>

**PARISH ORGANISATIONS** 

St Erme Silver Circle

Jo Collins: Tel 01872 321599

St Erme Village Hall Committee

Secretary and Booking Clerk: Lynda Quee: Tel 07949383746

Email: stermevillagehall@gmail.com

St Erme Horticultural Society

Helen Cole: Tel 01872 270805

**St Erme Community Centre** 

Bookings: Sue Harrington:

Tel 01872 276877

Email: stermeccbookings@hotmail.com

St Erme Playing Field Trust

Secretary: Lesley Maullin

Email: lesley180871@hotmail.co.uk

St Erme Cricket Club

Secretary: Nick Cole: Tel. 01872 270805

Email: stermecricketsecretary@hotmail.com

St Erme with Trispen CP School

Tel: 01872 279539

Email: <a href="mailto:secretary@st-erme.cornwall.sch.uk">secretary@st-erme.cornwall.sch.uk</a>

St Erme Church

Tel: 01726 882218

Email: rector@probusteam.com

**Trispen Methodist Church** 

Secretary: Ernie Dymond Tel: 01872 262824

ernieandbridget@trevispianvean.co.uk

Minister: Revd Aubin de Gruchy

Tel: 07525130663

St Erme and Trispen Fun Day Committee

Secretary: Lynda Quee Tel: 07949383746 Email: stermetrispenfunday@gmail.com

**Buzz: The free Community Café** Lynn Chapman: 07968 710966

# Trispen and St Erme HARDSHIP FUND



The Trispen and St Erme Hardship Fund continues to support parishioners thanks to the generous donations received from members of the public on a regular basis.

Applications will be welcomed from members of the parish who are generally struggling with the increased cost of living. Please rest assured that any applications are completely **CONFIDENTIAL** and the Hardship fund is a separate entity to any other sources of funding and so should not impact on benefits or other grant applications. **Please** note, proof of residency within the parish will be required.

For more information about how to donate or how to apply, please use the following contact details:



stermeparishhardshipfund@gmail.com



Trispen and St Erme Hardship Fund Facebook page



Please mark as PRIVATE AND CONFIDENTIAL. Postal address:

Trispen and St Erme Hardship Fund, C/O Community
Centre, Castle Field, Trispen, TRURO, Cornwall, TR4 9BD



NEWSLETTER ISSUE 71

JULY / AUGUST 2025

### **Contact details:**

Clerk: Sally Trethewey

1 Forestry House, St Erme Truro, Cornwall TR4 9BW

Tel: 07525130663

E-mail:

clerk@stermeparishcouncil.org.uk

Website:

www.stermeparishcouncil.org.uk

Facebook: @stermeparishcouncil

Cornwall Council

www.cornwall.gov.uk

Tel: 0300 1234 100

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# St Erme Health & Wellbeing Group

Thank you to everyone who came to our coffee morning event. We hope it was beneficial to those that attended and thank you to all the groups in the community for coming along to showcase what's on offer! At this event we showcased our new e-booklet "Community Connections", where details of all the local organisations and any volunteering opportunities can be found.

This will be launched shortly on the Council's website and on our Facebook page.





# **Annual Report**

The Council's annual report for 2024/2025 will be delivered with this issue of the Parish Post.

### **Parish Council Vacancies**

The Council currently have two vacancies on the council.

Are you passionate about your community? Do you want to help make a long-lasting change? Do you have concerns about a specific issue and want to do something about it? If this is you, then St Erme Parish Council need you. We need people from all backgrounds and experiences to represent their community.

For more information please contact Sally at clerk@stermeparishcouncil.org.uk.



# **NOTICE**

# St Erme Parish Council currently have two casual vacancies for a councillor in the parish.

The applicant must satisfy at least **one** of the qualification categories: -

- (a) is registered as a local government elector for the parish;
- (b) has during the whole of the preceding twelve months occupied as owner or tenant, any land or premises in the parish;
- (c) his/her principal or only place of work during the preceding twelve months has been in the parish;
- (d) had during the whole of the preceding twelve months resided in the parish or within 4.8 km thereof.

If you would like to apply please complete the 'Co-option Application Form' which is available on the Council's website at www.stermeparishcouncil.org.uk

by contacting the clerk at clerk@stermeparishcouncil.org.uk or on 07525130663

> Applications need to be sent to the Clerk at clerk@stermeparishcouncil.org.uk

If you require any further information about the position, please do not hesitate to contact the clerk on the above contact details.



### **IMPORTANT NOTICE**

# ST ERME NEIGHBOURHOOD PRIORITIES STATEMENT (NPS)

### WHAT IS AN NPS?

St Erme Parish Council have been selected to carry out a Neighbourhood Priorities
Statement (NPS) for St Erme. We will be part of a pilot project to prepare and produce an
NPS and are one of the ten Council's in Cornwall that have been given this opportunity.

A NPS gives residents a real opportunity to shape the future of their area. It allows the community to identify local planning priorities, highlight areas suitable or unsuitable for development, and suggest the kind of infrastructure investments that will help ensure any future developments benefits the Parish. It enables residents to set clear design expectations for new developments to ensure they enhance the character of St Erme Parish.

It is a visioning and objective project which addresses and describes the needs over the next 10-15 yrs for housing, use of land, management & development, infrastructure, transport, economy, services, community facilities, design character, heritage, nature environment & climate change, and open spaces.

### WHY IS IT IMPORTANT?

The NPS document, will be subject to public consultation.

Once NPS is completed Cornwall Council 'must have regard' to the NPS when preparing its "Local Plan"

### **HOW TO GET INVOLVED?**

We need more community members to join our 'Steering Group,' which is currently made up from three members of the council and three members of the community.

Please contact Sally <u>clerk@stermeparishcouncil.org.uk</u> or call 07525130663 if you would like further information or would like to join the steering group. We are aiming to meet at least once or twice a month.

'Let's Talk Survey' 'Help us to influence the next Cornwall Local Plan' and have a say in how growth affects our area.

Details on how to complete the survey are in this addition of the St Erme Parish Post.

This is important for the future of **YOUR** Parish and **YOUR** community.

# Your Councillors are:

# **CIIr Robert Trethewey BEM**

(Chairperson)

E-mail: r.trethewey@stermeparishcouncil.org.uk

Tel: 07967246201

# **CIIr Phil Hodgkinson**

(Vice-Chairperson)

E-mail: p.hodgkinson@stermeparishcouncil.org.uk

Tel: 01872 277895

# **CIIr Philip Jones**

E-mail: p.jones@stermeparishcouncil.org.uk

Tel: 01872 242352

# Cllr Sally Jones

E-mail: <u>s.jones@stermeparishcouncil.org.uk</u>

Tel: 01872 242352

# **CIIr Nick Light**

E-mail: n.light@stermeparishcouncil.org.uk

Tel: 07976633904

### 2 Vacancies

### Cornwall Councillor: Cllr Karen Glasson

E-mail: cllr.karen.glasson@cornwall.gov.uk

Tel:07980 975527

WEBSITE::

www.stermeparishcouncil.org.uk

Facebook:

@stermeparishcouncil

Cornwall Council: www.cornwall.gov.uk

# **Meetings**

The Parish Council usually meet on the first Tuesday of the month (except for August & January).

Agendas of all meetings are advertised on the council's website and will be displayed in the parish noticeboards 3 clear days before the date of the meeting.

# The next scheduled meetings of the council are as follows:

1st July 2025 2nd September 2025 7th October 2025

Meetings are usually held at the St Erme Community Centre at 7.30pm, unless otherwise stated above. If required an extraordinary meeting may be called to consider any planning applications or any urgent business.

# **Planning Applications**

You can view any planning applications at

www.stermeparishcouncil.org.uk and can either e-mail any comments to the clerk prior to the meeting or attend the meeting to speak during public participation.

# St Erme Parish Council - Facebook Page @stermeparishcouncil



Please like and follow the St Erme Parish Council Facebook page (www.facebook.com/stermeparishcouncil).

To keep up to date on Council business, local information, news, events and items of interest.

# St Erme Parish Council NEIGHBOURHOOD PRIORITIES STATEMENT (NPS)

# **HAVE YOUR SAY**

The "Let's Talk" survey is now available for residents to have their say about where they live and what the priorities should be for the future.

The survey is part of Cornwall Council's "Let's Talk" facility and should be completed based on your own parish/locality/neighbourhood (St Erme)

You can find the survey on-line at https://letstalk.cornwall.gov.uk/planning-for-our-future

Alternatively, you can access and complete the survey on a mobile device using the QR code in the associated image on the next page. A hard copy of the survey is available at Trispen Post Office & Stores, please complete and return in the box provided.

### PLEASE TAKE THIS OPPORTUNITY TO 'GET INVOLVED'.

We ask that you complete the survey by 31<sup>st</sup> July 2025, although the survey will remain open for longer.

We will be holding two drop-in events where you can find out further information or ask any questions on

Saturday 5<sup>th</sup> July 2025 at the St Erme Village Hall 10.00am to 12.00 noon.

Friday 11<sup>th</sup> July 2025 at the St Erme Community Centre 6.00pm to 9.00pm.

The information gathered will go towards forming the "Neighbourhood Priorities Statement" for St Erme

This is **YOUR** Parish - It is Important that you Have **YOUR** Say



# Help us to influence the next Cornwall Local Plan and have a say in how growth affects our area



To use a QR code, open the camera on your smartphone, focus your camera on the QR code, click the link once it shows.

https://letstalk. cornwall. gov.uk/planning -for-ourfuture

A hard copy of the survey is available from Trispen Post Office & Stores or call 07525130663 Most places in Cornwall will need to build new homes in the period to 2050. This is your opportunity to help us tell Cornwall Council how growth can benefit our community. Share your thoughts on

- WHERE new homes should be built and the areas that should be PROTECTED from growth
- The TYPE of new homes that we need
- The DESIGN of new homes
- The COMMUNITY FACILITIES that will help our communities to thrive
- The GREEN SPACES that should be improved or protected
- How we should support our local ECONOMY and encourage JOBS
- Where CONNECTIONS could be improved to make it easier to reach key destinations

Cornwall Council will share responses for our parish, and we'll use your feedback to produce a **Neighbourhood Priorities Statement (NPS)**, setting out our priorities for the future.

You will have the opportunity to comment on our NPS before we submit it to Cornwall Council.

Scan the QR Code take the survey. Please complete the survey by **31st July 2025**.

All responses to the survey, including any received after this date, will be used by Cornwall Council as evidence for the policies in the new Cornwall Local Plan.





# St Erme Cricket Club



At the time of writing this article, 13/6/25, we are delighted that the First Eleven have reached the Vinter Cup semi final for the first time and will be playing Premiership St Just at Redruth on Wednesday 18<sup>th</sup> June. In addition, the Second Eleven have reached the semi final of the Andrew Cup with the opponents, date and venue yet to be decided. We are now a third of the way through the season with results being a 'mixed bag'. The Third Team, mostly made up of under 16's, are currently top of their league and the Seconds in a good position to push for promotion.

Junior Coaching takes place each Friday (weather permitting) from 6:30pm to 8pm, when we also offer for purchase pizza and burgers etc.

If you would be interested in volunteering and/or ball/board sponsorship please send an e-mail to the below address. We would be delighted to hear from you.

If you would like to know anything additional regarding our club, please do not hesitate to contact our secretary, Nick Cole on 07871743137 or <a href="mailto:stermecricketsecretary@hotmail.com">stermecricketsecretary@hotmail.com</a>



# July-August Update

# Food & Film Night!

Thank you to everyone who came along and supported our Food & Film Night on Saturday 14<sup>th</sup> June 2025!

It was brilliant to cook a meal with nearly zero food miles, Pork from St Pirans Pork, Bread from Cornish



Bakehouse, Salad from our Community Garden and ice cream from Callestick Farm and chocolate mint Syrup also from the Community Garden! It was also great to be able to show Cornwall Climate Care latest film on Climate misinformation and its dangers!



Thank you to Jemma Williams, for kindly volunteering her time to cook the delicious meal! Thank you for our secretary Lynda Quee, Caron Simkins and her daughter Grace for helping to serve the food so

professionally. Our Vice Chair Ben Rowswell did a brilliant job of comparing the evenings events and creating an open informative discussion. Thank you as well to Caron Simkins and Rosie Magill for running a very creative and green themed raffle! Nick Dymond, Rennie Evans and Klaire Robertson did a grand job too of their presentations on Regen Farming and the Community Garden with help from Jake Trethewey and Kevin Barradell to in preparing the slides!

## **St Erme Annual Garden Competition 2025**

Categories include:

- 1. Best Garden
- Best Container/ Pot/ Hanging Basket/ Welly
- Children's Tallest Sunflower Competition

Email <u>stermeceg@gmail.com</u> of give us a message on our Facebook Page

Winners will be announced at Trispen FunDay (Saturday 26<sup>th</sup> July 2025).



# St Erme Community Larder

The St Erme Community Larder is open to all parishioners of Trispen and St Erme.

The larder is at the Community Centre, at the far end of the building facing the Cricket field.

Please see further details below.

'Helping to Reduce Food Waste'



# ST ERME COMMUNITY LARDER



Monday 1-2.30pm and 4.30-6pm St Erme Community Centre

> Please come along and help yourself to fresh food, fruit and vegtables or help a friend who is unable to visit.

Play your part in reducing food waste.

Contact Sally or Sue at:

Sally:

Clerk@stermeparishcouncil.org.uk 07525130663

or

Sue:

stermeccbookings@hotmail.com





Supported by St Erme Parish Council







Every Friday 9.00am-12.15pm At Trispen Chapel School Room



We offer:

Hot & cold drinks,
hot bacon & vegan bacon rolls,
cereals, porridge, biscuits
cup-a-soup & toast.



All subject to availability.

Last hot food orders @ 11.45

We look forward to seeing you!

















# St Erme Playing Field Trust

St Erme Community Centre - Trencreek Playing Park -St Erme Community Larder - St Erme Recreational Fields -Home to St Erme Cricket Club

"Built for the Community by the Community"

# **Community Centre Opening Times**

Wednesday 7.30pm till 11pm (Bar only)
Friday 6pm till 11pm (Kitchen open till 8.45pm)
Saturday 5pm till 11pm (Kitchen open from 6 till 8.45pm)

# **St Erme Community Larder Opening Times**

Monday 1.00pm till 2.30pm and 4.30pm till 6pm (Reducing Food Waste)

# St Erme Playing Field Trust Committee

**Chair:** Rob Trethewey

Vice-Chair:

Secretary: Lesley Maullin
Treasurer: Anthea Prowse
Events Lead: Helen McGovern

Nick Light, Tristan Jewell, Dave Moses, Phil Hodgkinson, Sue Mounter, Dale Hanns-Drake, Karen Gould, Emma Williams, Ray Cramp, Vickie Williams, Nicki Kimber and Sarah Jones

If you are interested in getting involved contact Rob on 07967246201. We are always on the lookout for new volunteers!

# St Erme Playing Fields Limited - Company Number: 07513789

Is responsible for the Bar, Kitchen, Staff and Hire. The Limited Company acts as a Subsidiary to the Trust, running the Business element of the Community Centre.

# **Directors of the Company**

Tim Walmsley - Andy Wilkinson - Nick Dymond –
Rob Trethewey– Premises License Holder

**General Manager** 

Sue Harrington

**How to Book the Community Centre?** 

Email: Sue at <a href="mailto:stermeccbookings@hotmail.com">stermeccbookings@hotmail.com</a> or 01872 276877



# St Erme Health & Wellbeing Group - St Erme Parish Council

### 'Community Connections'

The Health and Wellbeing Group, on behalf of the Parish Council, has been looking at opportunities to improve lives. We delivered a survey to every household in the parish in Autumn 2024, and a significant number of respondents stated they did not know about local groups, facilities etc.

We are pleased to launch Community Connections. It has information on local organisations and the range of activities available. It also highlights the role of volunteers in organising and delivering activities, which not only benefit the community but the volunteers themselves.

We are publishing the electronic version first to allow for any additions and other changes before going to print in a few weeks' time. You can access an electronic copy from <a href="https://www.stermeparishcouncil.org.uk/">https://www.stermeparishcouncil.org.uk/</a> and through links on the Council's and other local Facebook pages. If you have any comments, changes or additions, please contact us at: <a href="clerk@stermeparishcouncil.org.uk">clerk@stermeparishcouncil.org.uk</a>



# St Erme Parish Church: Wild Church

We are looking to start a 'Wild Church' in the churchyard at St Hermes Church. These will run 4x round the year come rain or shine, beginning in August. Do look out for posters around the village.

Wild Church is aimed at people of all ages but is particularly family friendly with activities in the church yard, refreshments & maybe even some campfire cooking.

This is a new way of connecting with all creation and giving thanks for the beauty of the earth and all that lives in it. All are welcome, we will look forward to meeting you.

Revd Caroline Husband serving the parishes of Grampound with Creed, Ladock (& Grampound Road), Probus, St Erme, St Michael Penkivel, Tresillian and Lamorran with Merther.









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### Coach Excursions & Tours 2025

14th - 18th July Visit Chester

29th July Port Eliot Estate with Kernow Mill 30th July Tiverton Canal Barge & Bickleigh Mill 13th August Plymouth Firework Championships 18th August Dawlish Rail / Exmouth Coastal Cruise

2nd September Paradise Park, Hayle 5th - 7th Sept **Burghley Horse Trials** 

Herefordshire & Worcestershire 21st - 25th Sept

8th October Tavistock Goose Fair

10th October Falmouth Oyster & Food Festival 1st November Bridgwater Guy Fawkes Carnival

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# Castle Field, Trispen

Thurs 24th July 6pm

**Kids vs Parents Cricket** 

St Erme CC Quiz + Pig-Racing @ 7.30pm

Fri 25th July 6pm

**Charity Night for Cornwall Air Ambulance** 

Kids Olympics~ Bar ~Food

**Cornish Sheaf Pitching Championships** 

"Still Dizzy" - Live Music

Sat 26th July 1pm

# £2 Entry, Under 16s Free

Novelty Dog Show (Reg at 12.30) ~ Raymond's Amusements ~ Dog & Duck Display ~ Swamp Circus ~ Jules The Entertainer ~

Shire Horses ~ Dreckly Boys~ Games ~ Bar ~ Amy's Air Studio

Amp n Decs Amusements~ Fairground Organ~

Stalls~BBQ~ Stationary Engines

Grand Raffle~ Hog Roast~Cornwall Crepes~ Brew Cornwall

Volleyball Tournament-St Erme Community Garden and more

In the Evening Good Old Fashioned Lover Boys

**Queen Tribute Band** 













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